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Ref No.....

Date 12/2025.....

08/12/2025

Notice

Health and Hygiene Committee and NSS Unit of Acharya Jagadish Chandra Bose College are going to organize Complementary Cardiac Health Check-up camp and Basic Life Support Training Certificate Course, conducted by B. M. Birla Heart Hospital, on 11th December, 2025 (Thursday). Dieticians will also be available for consultation.

Key Highlights of the Program:

1. Cardiac Health Check-up

- Blood Pressure (BP)
- Body Mass Index (BMI)
- Random Blood Sugar (RBS)
- ECG (For parents if required)
- Cardiac Wellness Screening
- Doctor Consultation

2. Basic Life Support (BLS) Training Session

- CPR Techniques
- Recognition of cardiac emergencies
- Steps to manage choking incidents
- Post successful completion of the training session, certificate will be issued.

All the students and staff are requested to participate in this programme following the schedule given below:

Program schedule:

1. Cardiac Health Check-up

Time: 11 am to 3 pm

Venue: Room 01 & 02

2. Basic Life Support (BLS) Training Session

Time: 3 pm to 4 pm

Venue: Room 107

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Dr. Arunachal Chatterjee
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